



THE OG UPDATE

NOVEMBER 2025

SUPPORTING CHILDREN WITH DYSLEXIA: ACTIVITIES AT HOME

(submitted by Stephanie Trees, OG Tutor)

Dyslexia is a learning difference that affects how individuals read and process language. Children with dyslexia may struggle with phonemic awareness, decoding, and fluency, but with the right support, they can thrive. Parents play a crucial role in this journey. Here are some effective activities that can help children with dyslexia improve their skills and build confidence at home.

1. Reading Aloud Together. Reading aloud can help with comprehension and fluency. Here are some strategies:

- Choose Engaging Books: Select books that match your child's interests, even if they are below their grade level. This builds a love for reading without the frustration of difficult texts.
- Take Turns Reading: Read a page or paragraph, then let your child read the next one. This provides support with decoding and allows them to hear fluent reading.
- Use Audiobooks: Listening to audiobooks can help improve vocabulary and comprehension. Encourage your child to follow along with the text as they listen. (Listening in the car is a great way to engage in reading.)

2. Games and Puzzles. Incorporating games can make learning fun:

- Word Games: Play games like Scrabble, Boggle, or word searches. These games help with spelling, vocabulary, and word recognition.
- Rhyming Games: Engage in rhyming games where you say a word, and your child finds a word that rhymes. This enhances phonemic awareness.
- Letter, Sound, and Word Bingo: Create Bingo cards with letters or heart words. This visual and interactive approach can reinforce recognition in a fun way.



3. Organizational Skills. Dyslexia often affects organizational skills, which can impact learning:

- Color-Coding: Use color-coded folders or notebooks for different subjects. This visual system helps children organize their materials and makes retrieval easier.

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MARK YOUR CALENDARS!



November 4:
Daytime tutoring
hours only.

November 11:
Office closed.

**November
27-29:**
Office closed.

THANKSGIVING FOOD AND BOOK DRIVE



We had so much fun spinning the wheel and winning cool prizes throughout October as we celebrated Dyslexia Awareness Month. As we move into November, we start to think about all the things we have to be thankful for and how we can reach out to others who need our help.

Beginning on November 1st, we will be having a food & book drive. When you come to your tutoring session, please bring a non-perishable food item and/or a book (new/used; in good condition) to donate. For each item you donate, your child will receive a "feather" to write their name on and add to our growing turkey that will be displayed on our window. When you have earned 10 feathers for the turkey, you will receive a prize.

Food donations will be given to the food pantry of St. Frances de Chantal Church at the end of the month. Book donations will either be added to our library or donated to Book Fairies, an organization that distributes books to under-resourced communities on LI and NYC.

STUDENT SPOTLIGHT: LUKE

(submitted by Ann, OG Trainee)



Luke is a lively, energetic, 8-year-old boy, who radiates sunshine. He always comes to his sessions with a positive attitude and plenty of stories to tell. When he is not in school, he enjoys playing football and basketball with friends and his dinners with his family. Two of his favorite vacations have been family trips to Disney and New Jersey. Here are more fun facts about Luke:

Q: What is your favorite food?

A: Chicken cutlets.

Q: What do you like best about your classes at Literacy Nassau?

A: I like that I get to see Ms. Ann! I also like seeing all my friends from the summer.

Q: What is the hardest thing about your classes at LN?

A: Nothing is hard; well, some things are a little hard, but the worst thing is the drive! It takes an hour, and my mom is a lunatic behind the wheel!

Q: What pets do you have in your home and what is the funniest thing your pet ever did?

A: At home, I have a dog named Roxy. She barks in her sleep and one time she walked in blue paint and had blue paws!

Q: What would you like to be when you grow up and why?

A: I want to be an NFL football player. I love football and love to tackle.

Luke is a wonderful student and role model to his peers. He is making fantastic progress this year, and we look forward to so much more!



STUDENT SPOTLIGHT: SOPHIE

(submitted by Darlin, OG Trainee)



Sophie is a positive, creative, and enthusiastic learner who puts her heart into everything she does! Despite having a very busy schedule filled with art, dance, and Girl Scouts, she always puts forth great effort and works hard to improve her literacy skills. Her dedication and joyful attitude shine through during every session we share together.

Fun Facts About Sophie:

- ★ Age: 8 years old
- ★ Dream Job: A teacher
- ★ Favorite Animals: Dogs and cats
- ★ Family: Mom, dad, and her two brothers
- ★ Favorite Food: Mozzarella sticks

We're so proud of Sophie and the amazing progress she's making each day! Keep shining, Sophie!

**Our
October
Prize
Wheel Was
A Big Hit!**



SUPPORTING CHILDREN (CONTINUED)

• **Visual Timers:** Use visual timers to help your child manage their study time. This can provide structure and reduce anxiety about completing tasks.

• **Checklists:** Create checklists for daily tasks or homework. This can help your child feel a sense of accomplishment as they check off completed items.

4. Emotional Support and Encouragement.

Above all, emotional support is vital:

• **Celebrate ALL Progress:** Acknowledge even small achievements. Celebrating progress boosts motivation and self-esteem.

• **Encourage a Growth Mindset:** Teach your child that mistakes are part of learning. Encourage them to view challenges as opportunities for growth.

• **Be Patient:** Understanding that learning takes time is crucial. Your patience and encouragement will help them feel secure in their learning journey.



Helping a child with dyslexia at home can be a rewarding experience. By incorporating engaging activities and providing emotional support, parents can create a nurturing environment that fosters learning and confidence. Remember, every child is unique, and it's important to tailor activities to fit their interests and needs. With your support, children with dyslexia can thrive both academically and personally.